

BOOK & WEBSITE LIST – BEREAVEMENT

WEBSITES

- ❖ Guiding kids through life's storms www.rainbows.ca
- ❖ Pregnancy and infant loss network <http://pailnetwork.ca/resources/>
- ❖ Suicide Bereavement support <http://calgary.cmha.ca/programs-and-services/suicide-support/>
- ❖ Red Deer Hospice – offers grief groups www.reddeerhospice.com

GREIVING – GENERAL

- ❖ **Men and Grief** by Carol Staudacher
- ❖ **Beyond Grief** by Carol Staudacher
- ❖ **Living Through Personal Crisis** by Ann Kaiser-Stearns
- ❖ **Living When a Loved One Has Died** by Earl Grollman
- ❖ **About Mourning: Support & Guidance for the Bereaved** by Savine Weizman
- ❖ **This Thing Called Grief: New Understanding of Loss** by Thomas M. Ellis
- ❖ **A Grief Observed** by C.S. Lewis
- ❖ **How to Survive the Loss of a Love** by Melba Colgrove and Peter McWilliams
- ❖ **Surviving, Healing and Growing, The How to Survive the Loss of a Love “Workbook”** by Melba Colgrove, and Peter McWilliams
- ❖ **Parenting Through the Crisis: Helping Kids in Times of Loss, Grief & Change** by Barbara Coloroso
- ❖ **Healing a Child's Grieving Heart, 100 Practical Ideas for Families, Friends & Caregivers** by Alan D. Wolfelt Ph.d
- ❖ **When a Baby Dies: Answers to Comfort Grieving Parents** by Ronald H. Nash

HELPING SOMEONE WHO IS GRIEVING

- ❖ **Call Me If You Need Anything and Other Things Not To Say: A Guide to Helping Others Through Tragedy and Grief.** By Cathy Peterson

GRIEVING A SUICIDE DEATH

- ❖ **Silent Grief: Living in the Wake of Suicide** by Christopher Lukas
- ❖ **After Suicide** by John Hewett
- ❖ **My Son, My Son, A Guide to Healing After Death, Loss or Suicide** by Iris Bolton

SUICIDE

- ❖ **Suicide: Prevention, Intervention, Postvention** by Earl Grollman